

Tea Tree

Products with Tea Tree: Breathe, Purify, HD Clear , GX Assist , Correct X ,

Strong Anti- Viral - flu, bronchitis, crop, pleurisy, pneumonia, chickenpox and genital warts, cold sores, H1N1

Broad Spectrum antibacterial -

Antifungal -

Antiparasitic

Great combo Tea Tree & Ravintsara - antiviral for the onset of the flu and cold esp with fatigue, chronic immune deficiency - if you dont have Ravitsara mix with Breathe - it is included in this blend

Throat Gargle - Research shows Tea Tree has been shown to kill several bacteria and viruses responsible for causing illness.

For sore throats and sinus pain - Heat 1 c water water just below boiling point- add a spoonful of honey and 2 drops melaleuca

Including E. Coli (bacteria) . Streptococcus pneumoniae (bacteria) & H. Influenae

Our previous study demonstrated that Melaleuca alternifolia (tea tree) oil (TTO) had an interesting antiviral activity against Influenza A in MDCK cells. In fact, when we tested TTO and some of its components, we found that TTO had an inhibitory effect on influenza virus

[:https://www.ncbi.nlm.nih.gov/pubmed/21095205](https://www.ncbi.nlm.nih.gov/pubmed/21095205)

When diffused it helps prevent and the spread of infection. Dr. Susan Lawton & Rebecca Hintze

To make your own chemical-free mouthwash, simply add a drop of tea tree oil to a cup of warm water, mix thoroughly and swish in your mouth for 30 seconds or so.

OR for a mouthwash add 1-2 drops to OnGuard Mouthwash and gargle for 30 seconds or more

IDEAL for a Natural Hand Sanitizer

Create an all purpose cleaner

USE in times of chronic mental and physical fatigue, drowsiness, confusion, mild depression, poor concentration, reduced attention span, distraction, shallow breathing, chronic digestive problems and low fever.

Chinese medicine perspective it helps with hypotonic (Weak) conditions great decongestant / relieves damp conditions

gastrointestinal restorative, tissue regenerative, and anti-inflammatory

Antihistimaine

Vapor Rub

Ingredients for natural Vapour Rub

1. 45g fractionated coconut oil (I use **doTERRA**)
2. 20g coconut oil.
3. 15g shea butter.
4. 8g beeswax.
5. 30 drops of EASY AIR essential oil (combination of eucalyptus, tea tree, peppermint, and lemon from **doTERRA** because they are 100% pure and safe)
6. small jar, tin or pot.